

**BETWEEN PRAIRIE AND SKY and SHADOWSTAR PSYCHODRAMA INSTITUTES
Georgia A. Rigg, LCSW, T.E.P. And Kaya T. Kade, LPC, CSMS, T.E.P.**

Warmly Invite You To Attend

“PSYCHODRAMA IN ALASKA!”

**A Five Day Residential Workshop in Psychodrama, Psychomotor Therapy, Sociometry & Group Psychotherapy
May 9-13, 2013, in Homer, Alaska**

We are pleased to announce our annual May, five-day residential training workshop, to be held in the unique and beautiful straw bale house, which overlooks the bay in Homer, AK. During the process of the workshop we will work to create a safe “village of choice”, in which we will teach powerful, evidence-based psychotherapeutic techniques. This workshop will offer the exploration of a multitude of experiential techniques, based on the theory and techniques of psychodrama, psychomotor therapy, and sociometry. Sociometry maps the threads of human connections, while psychodrama and psychomotor therapy place issues of all kinds on the stage, making them explicit and concrete through dramatic action. In the workshop, we will explore ethical issues through action, helping participants become aware of their own beliefs and concerns about ethical practice. We will discuss the therapeutic rationale of the techniques utilized. The experiential techniques we use can be utilized in individual, group and family therapy. The work of the group, with the direction of Kaya and Georgia, is to provide a safe space for the celebration of all human emotions, from deep sadness to ecstatic joy. Through the workshop process, participants have the opportunity of increasing self-compassion and self-awareness, allowing for increased compassion for others. We are pleased to offer this training to trainees working toward certification in psychodrama, professionals who wish to augment their present skills, and couples who wish to experience the process together.

Primary Goals Include:

- **Learning the roles and processes of psychodrama, and the use of psychodrama in exploring personal issues, group processes, and interpersonal and intrapersonal encounter;**
- **Understanding the theory and process of psychomotor therapy, with introduction to the psychomotor approach for healing generational trauma;**
- **Understanding sociometry, and its application in the context of the therapeutic group, work situations and everyday life;**
- **Review of ethics in therapeutic action work with emphasis on therapeutic rationale.**

Workshop Facilitators:

Georgia A. Rigg, LCSW, T.E.P., is certified as a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. In 2008 she was the recipient of the Innovator's Award from the American Society for Group Psychotherapy and Psychodrama, for her work in blending psychomotor therapy and psychodrama, creating an “ideal” modality for the treatment of the effects of trauma from all causes. Georgia now lives in Colorado, and enjoys being back to “riding the circuit”, bringing the healing structures of psychodrama and psychomotor therapy to trainees in any locality. Contact Georgia at: georgiaarigg@yahoo.com (970) 895-3208.

Kaya T. Kade, LPC, CDMS, T.E.P. is certified as a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. Kaya lives and works in Alaska, and has a profound belief in the efficacy of action therapy. She is the 2010 Alaska Counseling Association Anne L. Henry Distinguished Award Recipient. She has worked for years to achieve her own certification at the top level of psychodrama, and now brings her knowledge and expertise to her own training program. She is the registrar for the program, and can be reached at k.kade@att.net and (907) 947-6676.

WORKSHOP FEE: The workshop fee is \$600 which includes lodging. Fees paid by May 1, 2013, receive a discount of \$50, making the fee \$550. A registration fee of \$100 is requested, to be paid at time of registration. In the event of cancellation, up to May 1, a 50% refund of registration fee will be made—after May 1, no refund will be made. Dinners at the workshop are a community affair and will be shared by all. Breakfast and lunch are on your own—participants are welcome to prepare breakfast and lunch at the workshop facility. Creative payment options available. Please discuss payment arrangements with Kaya. Workshop will begin at 4:00 PM on Thursday, May 9, and close at noon on Monday, May 13, 2013.

CEU'S: CEU's are available for the workshop—40 credit hours for psychodrama certification; 3 Ethics CEU's available for those needing such for licensing.