

BETWEEN PRAIRIE & SKY & KADE & ASSOCIATES: PSYCHODRAMA INSTITUTES
Georgia A. Rigg, LCSW, T.E.P. And Kaya T. Kade, LPC, CDMS, T.E.P.

Warmly Invite You To Attend Our Fall Residential Workshop

“AUTUMN HOUSECLEANING”

A Five Day Residential Workshop in Psychodrama, Psychomotor Therapy, Sociometry & Group Psychotherapy
September 15-19, 2016, in Homer, Alaska

Autumn approaches, and with it comes the opportunity to “clean house” emotionally, and to stock up on strengths for the months ahead. An extended time residential workshop offers an ideal setting for deep emotional and behavioral change. In the process of building a generous and respectful group milieu, participants learn the elements and steps that go into creating a truly safe place for all concerned.

This five day retreat will take place in Homer, Alaska, in an innovative and beautiful home overlooking some of the most magnificent scenery in Alaska. The workshop will offer training in experiential techniques based on the theory and techniques of psychodrama, psychomotor therapy, and sociometry, as well as opportunity for individual personal growth. Sociometry maps the threads of human connections, while psychodrama and psychomotor therapy place issues of all kinds on the stage, making them explicit and concrete through dramatic action. The models presented will illustrate “gold standard” treatments for complex PTSD, and for the work of personal growth. The work of the group, with the direction of Kaya and Georgia, is to provide a safe space for the celebration of all human emotions, from deep sadness to ecstatic joy. We are pleased to offer this training to individuals seeking personal growth, trainees working toward certification in psychodrama, professionals who wish to augment their present skills, and couples who wish to experience the process together. Credit hours in psychodrama training are available.

Primary Goals Include:

- **Learning the roles and processes of psychodrama, and the use of psychodrama in exploring personal issues, group processes, and interpersonal and intrapersonal encounter;**
- **Understanding the theory and process of psychomotor therapy, with introduction to the psychomotor approach for healing generational trauma;**
- **Understanding sociometry, and the elements that go into the creation of a generous and supportive group;**
- **Discussion of the therapeutic rationale for the steps and processes in group building and action therapy.**

Workshop Facilitators:

Georgia A. Rigg, LCSW, T.E.P., is nationally certified as a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. In 2008 she was the recipient of the Innovator's Award from the American Society for Group Psychotherapy and Psychodrama, for her work in blending psychomotor therapy and psychodrama. Georgia's mentor in psychomotor therapy, Al Pesso, passed away in May 2016, and this has deepened her investment in continuing to teach her “hands on” blended model of psychomotor therapy and psychodrama, to a variety of audiences. Georgia can be reached at: georgiaarigg@yahoo.com (970) 895-3208. Kaya T. Kade, LPC, CDMS, T.E.P. Is also nationally certified as a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy. Kaya lives and works in Alaska, and has a profound belief in the efficacy of group and action therapy. She is the recipient of the 2010 Alaska Counseling Association Anne L. Henry Distinguished Service Award. In the past few years, Kaya has presented workshops at three ASGPP conferences, as well as conferences in Britain and New Zealand. She is the registrar for the program, and can be reached at k.kade@att.net and (907) 947-6676.

Registration and Fees

WORKSHOP FEE: The workshop fee is \$650 which includes lodging. Participants who pay the fee by September 1, 2016, receive a discount of \$100, making the fee \$550. A non-refundable deposit of \$100 is requested to reserve a space in the workshop. If you have paid the workshop fee and must cancel prior to September 5, 2016, a 50% refund of registration fee will be made: after September 5, 2016, no refund will be made. Dinners at the workshop are a community affair and will be shared by all. Breakfast and lunch are on your own—participants are welcome to prepare breakfast and lunch at the workshop facility. Please discuss payment and other arrangements with Kaya. Workshop will begin at 4:00 PM on Thursday, September 15, 2016 and close at 2 pm on Monday, September 19, 2016.